



## A Women's Educational Series

BROUGHT TO YOU BY THE MANKATO CLINIC

# Healthy Me

## Botox<sup>®</sup>

MARCH 16, 2010

Dr. Timothy Christiansen specializes in ear, nose and throat disorders, including facial cosmetic and reconstructive surgery. Learn from him about this simple, non-surgical treatment that can noticeably improve your appearance in just one sitting. Get all your questions answered at this free seminar on Botox<sup>®</sup> Cosmetic.

### COMING UP...

**Vein Ablation–VNUS Procedure** April 20, 2010

presented by Dr. Ernest Lampe

**Osteoporosis** May 18, 2010

presented by Dr. Sarah Nadeem

All *Healthy Me* events will be held at Mankato Clinic @ Madison East Center in the conference rooms, located next to the Lorraine Shop, beginning at **6:30 p.m.**

It's all about  
caring.

## MANKATO CLINIC

1-800-657-6944 • [www.mankatoclinic.com](http://www.mankatoclinic.com)